cardamyst® (etripamil) nasal spray

CARDAMYST is used to help restore normal heart rhythm in adults who have symptoms of sudden episodes of fast heartbeat called paroxysmal supraventricular tachycardia (PSVT).

# CARDAMYST® Discussion Guide

## Use this guide to help your healthcare provider understand how PSVT, also known as supraventricular tachycardia (SVT), can impact you and to discuss starting treatment with CARDAMYST (etripamil) nasal spray

Living with unpredictable PSVT episodes can be difficult. YOU are the expert on how PSVT makes you feel. This guide is designed to help you share your experiences with PSVT with your healthcare provider and create a plan to help you manage future episodes.

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## Use these tips to have an open conversation with your healthcare provider:

### Tell your provider about your PSVT experience

Share the full picture of how episodes affect you, including the physical symptoms you experience and how often your episodes occur.

### Explore all your possible treatment options

Ask your healthcare provider to explain the treatment options for PSVT.
**Be sure to ask your healthcare provider if CARDAMYST might be a good fit for you.**

### Ask questions and take your time

Never hesitate to ask your healthcare provider to clarify confusing terms or to request more time to discuss your options. They are there to help you build a PSVT management plan that works for you.




**To prepare for your appointment, answer the questions on the next page to discuss with your healthcare provider**

## IMPORTANT SAFETY INFORMATION

**Do not use CARDAMYST if you:**

- are allergic to CARDAMYST or to any of its ingredients. See the end of the Patient Information document for a complete list of ingredients in CARDAMYST.
- have limitations in activities due to heart failure (moderate to severe heart failure).

**Please see Important Safety Information on page 3. Please click for the full Prescribing Information, including Patient Information.**

# CARDAMYST® Discussion Guide

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1 **What are the symptoms you experience during a PSVT episode?**

2 **What goes through your mind when an episode starts?**

3 **How do you feel after an episode?**

4 **What steps have you taken to try to manage an episode?**

**Physical (eg, vagal maneuvers)?** _____

**Medication (eg, oral medication)?** _____

**Urgent medical care (eg, emergency department)?** _____

5 **How long does it typically take to return to normal heart rhythm when an episode occurs, both with or without medication?**

6 **Overall, how do the physical symptoms of PSVT episodes impact you?**

## Questions for your healthcare provider about CARDAMYST:

**How is CARDAMYST different from other treatment options for PSVT episodes?**

**How do I use CARDAMYST?**

**What are the potential side effects of CARDAMYST?**

**Could CARDAMYST be right for me?**

## Additional questions:

_____

_____

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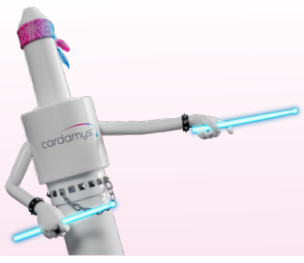
Be sure to tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.




**CARDAMYST can help stop a PSVT episode anytime, anywhere.*† Discuss with your healthcare provider what it could mean to have an on-demand treatment ready when you need it.**

CARDAMYST restored normal heart rhythm in an average of 17 minutes versus 54 minutes with placebo.

*Patients should administer CARDAMYST in a sitting position and should not exceed 2 CARDAMYST devices (140 mg) within a 24-hour period.
†Store CARDAMYST at room temperature between 68 °F to 77 °F (20 °C to 25 °C).

## IMPORTANT SAFETY INFORMATION, CONT'D

**Do not use CARDAMYST if you:**

- have Wolff-Parkinson-White (WPW) syndrome, Lown-Ganong-Levine (LGL) syndrome, or an abnormal heart rhythm pattern called pre-excitation (delta wave) on an electrocardiogram (ECG).
- have sick sinus syndrome without a permanent pacemaker.
- have second degree or higher atrioventricular (AV) block.

**Please see Important Safety Information on page 3. Please click for the full Prescribing Information, including Patient Information.**

cardamyst®
(etripamil) nasal spray

# IMPORTANT SAFETY INFORMATION FOR CARDAMYST® (etripamil)

### What is CARDAMYST?

CARDAMYST is a prescription medicine used to help restore normal heart rhythm in adults who have symptoms of sudden episodes of fast heartbeat called paroxysmal supraventricular tachycardia (PSVT).

It is not known if CARDAMYST is safe and effective in children.

### Do not use CARDAMYST if you:

- are allergic to CARDAMYST or to any of its ingredients. See the end of the Patient Information document for a complete list of ingredients in CARDAMYST.
- have limitations in activities due to heart failure (moderate to severe heart failure).
- have Wolff-Parkinson-White (WPW) syndrome, Lown-Ganong-Levine (LGL) syndrome, or an abnormal heart rhythm pattern called pre-excitation (delta wave) on an electrocardiogram (ECG).
- have sick sinus syndrome without a permanent pacemaker.
- have second degree or higher atrioventricular (AV) block.

### Before using CARDAMYST, tell your healthcare provider about all of your medical conditions, including if you:

- have a history of fainting.
- have low blood pressure.
- are pregnant or plan to become pregnant. It is not known if CARDAMYST will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if CARDAMYST passes into your breast milk. You should stop breastfeeding for 12 hours after treatment with CARDAMYST. During this time, pump and throw away your breast milk. Talk to your healthcare provider about the best way to feed your baby after using CARDAMYST.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### What are the possible side effects of CARDAMYST?

### CARDAMYST may cause serious side effects, including:

**Fainting due to CARDAMYST effects on blood pressure, heart rate, and electrical activity of the heart.** CARDAMYST may cause dizziness and fainting, especially in people with a history of fainting and certain heart problems, or people with a history of fainting during an episode of PSVT. Use CARDAMYST while sitting in a safe area where you will not fall if you become dizzy or lightheaded. Lie down if you feel dizzy or lightheaded after using CARDAMYST. If fainting occurs after using CARDAMYST, caregivers should place you on your back and seek medical help.

### The most common side effects of CARDAMYST include:

- nasal discomfort
- nasal congestion
- runny nose
- throat irritation
- nosebleed

These are not all of the possible side effects of CARDAMYST.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see the accompanying full Prescribing Information, including Patient Information.**

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